

Notice Inviting E-Tender No. 112959 Dt. 21.10.2022

**FOR
DIETARY & ITS RELATED SERVICES**

AT

**Pt. JNM Medical College associated Dr. BR Ambedkar Memorial Hospital, Raipur,
Chhattishgarh**

The Dean, Pt. JNM Medical College, Raipur, invites Online Tenders under "Two Bids (Technical & Financial) System" in prescribed format from Firms/Caterer/ kitchen services vendors/Companies/joint ventures for *Engaging Bidder for providing Patient Diet Kitchen in Dr. BR Ambedkar Memorial Hospital, Raipur, Chhattishgarh* for a period of Two Years, which is extendable for further One Year with mutual consent and understanding, if the services of Bidder is found satisfactory on prevailing terms and conditions.

1. The Tender document may be downloaded from the website:- www.eproc.cgstate.gov.in and /Bids are to be submitted online in electronic format on the same website
2. EMD shall be paid by way of FDR in the name of Dean, Pt. JNM Medical College, Raipur, Chhattisgarh.
3. The vendors shall be solely responsible for checking these websites for any addendum/amendment issued subsequently to the bid document and take into consideration the same while preparing and submitting the bids.

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Pt.JNM Medical College, Raipur, Chhattisgarh

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SCHEDULE (Bid has to be submitted online only):

S.No.	Description	Date & Time	Particulars
1.	Duration of Rate Contract		02 Years, can be extended for 1 more year subject to satisfactory performance
2.	Date from which the Tender Form can be downloaded	25.10.2022	Online at www.eproc.cgstate.gov.in
3.	Last due date and time for Submission of Completely filled Tender application	Date:- 09.12.2022 Time:- Up to 12.00 Noon Server time	As per Online Schedule
4.	Date of time of opening Technical bid (Online)	Date:- 09.12.2022 Time:- 01 pm	Venue: Pt. JNM Medical College, Raipur, Chhattisgarh

**Dean,
Pt. JNM Medical College,
Raipur, Chhattisgarh**

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Eligibility of Bidder

1. The Bidder may be a proprietary firm, Partnership firm, Limited Company, Corporate body legally constituted and registered who possess the required licenses, etc
2. The bidder should have supplied cooked diet for hospital patients (Central/State government, Public sector hospital/Private Hospital with minimum 400 beds) for at least 2 years in last 7 (seven) years
3. Bidders should have average annual turn over of 1 crore in last 3 years.
4. There should be no case pending with the police against the Proprietor / Firm / partner or the Company (Agency).
5. The bidder should have the following Registrations :
 - a) PF Registration:
 - b) ESI Registration:
 - c) GST Registration:
 - d) Labor License/ An undertaking to produce labor license within one month after the allotment of work order.

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Bid System Terms & Conditions

➤ **Validity of E-Tender & Period for Rate Contract:** The validity of the Bid e-Tender Document shall be for 180 days and after the acceptance and issue of Notification of award/conclusion of Contract Agreement in the Format given , the rates shall be valid for initial Two years extendable further for One year with mutual consent and understanding, if the services of Bidder is found satisfactory on prevailing terms and conditions.

➤ **EMD (Refundable after expiry of the e-Tender on e-procurement solutions):** AS PER SCHEDULE ON E-PROCUREMENT PORTAL against this E-Tender Notice:

The e-Tender shall be submitted in 2 (Two) parts online:

(i) Technical/ Pre qualification Bid:

Technical/ Pre qualification bid Documents shall be opened first. Based on requested Eligibility Criteria the Technical Bid shall be evaluated.

(ii) Financial Bid:

There will be no financial bid for patient diet as the rate for payment of per meal has already been decided by Chhattisgarh Government for the hospital patients which shall be **Rs. 150 for general patients and Rs. 160 for Janani Suraksha Programme inclusive of all taxes.** However, the bidder has to additionally submit the rate of disposable food tray(in case of epidemic/pandemic situations) per patient per day (VALID FOR THE ENTIRE CONTRACT PERIOD) which will be included in the scoring system to decide the successful bidder. The selection of successful bidder will be decided on the QBS (Quality Based System) system mentioned in **Annexure "V"**. In case of same score gained in QBS process by 02 or more bidders the preference will be given on the basis of experience of working in modular kitchen followed by no. of year of experience in similar field and annual average turnover of last 03 years in that order. He Bidder scoring the highest QBS score will be selected.

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Earnest Money Deposit (EMD)

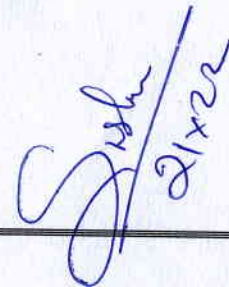
1. Bidder needs to deposit the EMD Amount of Rs.2,00,000/- (Two Lakh only) in the Form of FDR in favour of "Dean, Pt. JNM Medical College, Raipur, Chhattisgarh.", payable at Raipur, should be valid for at least Six Month period (i.e. for 180 Days). .
2. The scanned copy of the EMD is to be submitted online along with prequalification/technical documents.
3. EMD must be submitted manually before the last date of bid submission.
4. The EMD without interest shall be returned to the unsuccessful bidders after finalization of contract within 1 month.
5. The EMD submitted by the successful bidder shall be returned without any interest after the successful bidder deposits the performance security according to conditions stipulated in the bid document.
6. The EMD shall be forfeited if the bidder withdraws from the bid in any respect within the period of validity of the bid.
7. If any document/ information provided by the bidder in support of its eligibility is proved to be false or forged then EMD may be forfeited.
8. The EMD shall be forfeited if successful bidder fails to undertake the work or fails to comply with any of the terms & conditions of the contract.
9. Without EMD, bidder will not be considered for further process / rejected. (Except bidder submitted document & Eligibility for exemption of EMD)

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“Pre-Qualification & Technical Bid”

Documents needed to be uploaded in the Technical Bid Document

- I. The scanned copy of EMD, Signed & scanned copy of acceptance of term & condition in 100 rupees stamp paper (Original of these documents to be sent to Dean, Pt. JNM Medical College, Raipur)
- II. Signed and Scanned copy of Covering letter on participating Firm's Letter Head indicating the list of enclosures. Letterhead must contain the Name & Address of the bidder with phone number.
- III. Signed and scanned copy of valid Registration/Incorporation Certificate of the Firm.
- IV. Signed and Scanned Copy of GST Registration Certificate showing clearly GST Number of the participating Company/firm.
- V. Signed and scanned copy of PAN Card of the firm/company / proprietor issued by Income Tax Department.
- VI. Signed and Scanned copy of valid FSSAI License under Food Safety and Standard Regulation Act 2006 issued by Food & Administration Deptt.
- VII. Signed and Scanned copy of valid Registration of the participating Bidder with EPF and ESIC and strictly following the applicable statutory requirements as per prevailing Labour Law rules.
- VIII. Signed and scanned copy of Income Tax return of the firm/company for the last Three Financial Years.
- IX. Signed and scanned copies of Average Annual Turnover of Rs. 1 Crore during last three Financial Years.
- X. Signed and scanned copies of Performance Reports/ experience certificates regarding providing similar nature Patient Diet Kitchen Services in the Govt. Hospitals/Public sector hospitals in India in Chronological Order.
- XI. Signed and scanned copy of List of Kitchen Equipments/Cutlery/Utensils availability with Participating Bidder.
- XII. Signed and scanned copy of List of available qualified and trained manpower with Participating Bidder including their professional Qualification.

Financial Bid

- I. The Financial Bids must be submitted in the prescribed format in the e-Tender Module online in given Format
- II. Quoted rates shall be valid for the entire period of the contract

NOTE- The rate for payment of per meal has already been decided by Chhattisgarh Government for the hospital patients which shall be Rs. 150 for general patients and Rs. 160 for Janani Suraksha Programme. Hence, only the rate for disposable tray to be quoted by the bidder. Successful bidder will be decided on the basis of Quality Based Scoring system as per Annexure V.

Award of Contract

Purchaser shall award the Contract to the Successful Bidder, subject to the bidder agrees to all terms and condition of the tender.

Note: No bidder shall try to influence the Purchaser on any matter relating to its bid, from the time of the bid opening till the time the contract is awarded. Any effort by a bidder to modify his bid or influence the purchaser in the purchaser's bid evaluation, bid comparison or contract award decision shall result in the rejection of the bid.

Purchaser's right to accept any bid and to reject any or all bids :

The Purchaser reserves the right to accept or reject any bid, and to annul the bidding process and reject all bids, at any time prior to award of contract without assigning any reason whatsoever and without thereby incurring any liability to the affected bidder or bidders on the grounds of purchaser's action.

Issue of notification of award

The issue of Notification of Award shall constitute the intention of the Purchaser to enter into contract with the bidder. Prior to the expiration of the period of bid validity, the Purchaser will notify the successful Bidder in writing by e-mail or by Post. The bidder shall within 15 days of issue of the Notification of Award, give his acceptance along with agreement document & in

conformity with the bid document. In case the bidder is not willing to unconditionally accept the contract within the specified timeframe, the EMD submitted will be forfeited

Performance Security

As a guarantee towards due performance and compliance of the contract work, the successful bidder (Agency) will deposit an amount equal to 5 % (Five) of Annual Contract value towards Performance Security Deposit in the form of FDR/Bank Guarantee in the Favour of "Dean, Pt. JNM Medical College, Raipur, Chhattisgarh." drawn on any Scheduled Bank. Performance security is to be furnished within 30 days from release of Purchase order. Performance security (FDR/Bank Guarantee) shall be for a period of 90 days beyond the contractual obligation.

In case of breach of contract by the supplier, the performance security is to be forfeited. If the supplier duly performs and completes the contract in all respect, the performance security shall be returned to the supplier without any interest, on completion of all such obligations under the contract.

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Terms & Conditions

A. General terms & conditions:

1- Use of contract document & information

The Service Provider shall not, without the tendering authority prior written consent, disclose the Contract, or any provision thereof, or any information furnished by tendering authority in connection therewith, to any person other than a person employed by the Service provider in the performance of the Contract. Disclosure to any such employed person shall be made in confidence and shall extend only so far as may be necessary for purposes of such performance.

2- Liquidated Damage

The Service Provider shall pay liquidated damages for non-performance to the Employer at twice the daily remuneration rate payable for each day that the services have not been provided on the site within the stipulated time given in the work order. The total amount of the liquidated damages shall not exceed 10 % of the monthly remuneration for that service. The Employer may deduct liquidated damages from payments due, of the Service Provider. Payment of liquidated damages shall not affect the Service Provider's other liabilities.

3- Penalty Clause

- i) In case the contractor fails to commence/execute the work as stipulated in the agreement or there is a breach of any terms and conditions of the contract: Employer reserves the right to impose the penalty as detailed below :
 - a. 2% of cost of order/agreement per week, up to 2 weeks delays.
 - b. After 2 weeks delay, Employer reserve the right to cancel the contract and with hold the agreement and get this job to be carried out from other contractor(s). The defaulting contractor will be blacklisted as per clause stated above and the difference if any will be recovered from the contractor.
 - c. The security deposited by the contractor shall be forfeited.

- ii) After execution of agreement, for any breach of contract, Dean, Pt. JNM Medical College, Raipur, Chhattisgarh or duly constituted committee by Dean, Pt. JNM Medical College, Raipur, CG shall be entitled to impose a penalty to the extent of Rs. 5000/- only on the first occasion upon the agency in the event of breach, violation or contravention of any of the terms and conditions contained herein brought to the notice of the Committee.

iii) If the lapse is repeated again the extent of penalty will be doubled on each such occasion. The decision of the said officer/committee in this regard shall be final and binding upon the agency. Some of the instances in which penalty would be imposed are enumerated below. (but these are not exhaustive and penalty may be imposed on any violation/breach or contravention of any of the terms and conditions as well as assigned duties and responsibilities).

- a) If the personnel working in dietary services are not found in proper uniform and displaying their photo identity card.
- b) If the personnel found indulging in smoking/drinking/sleeping during duty hours.
- c) Penalty will also be imposed if the behavior of personnel(s) found is discourteous to any one in the hospital including staff or patients.
- d) If any personnel found performing duty by submitting a fake name and address.
- e) If any personnel found on duty other than those mentioned in the approved list is supplied by the agencies to the Institute authorities.
- f) In the case of any loss/theft of Institutes property and if the responsibility is fixed on the agency, the Institute will recover the losses by deducting the cost of loss from the security deposit/or next month's bill in one or more installments.
- iv) In case of any loss or theft, it shall be made good by the agency and in event of failure in their part to do so within a period of one month, the loss shall be made good equivalent to purchase cost by encashment of security deposit and if the amount of loss or damage exceeds the amount of security deposit, then the amount will be recovered from the bill in one or more installments.
- v) In the event of contractor's failure
 - i) To supply meals
 - ii) Carry out related jobs on any day/days
 - iii) Maintain quality of food as prescribed.

The Employer will have recourse to make an alternative arrangement and a penalty double the amount so spent on this account shall be recovered from the Contractor and he will have to pay back that amount within two weeks to make up the deficiencies, failing which the same shall be recovered from the next bill.

4- Force Majeure

- Notwithstanding the provisions of the tenderer, service provider shall not be liable for forfeiture of its liquidated damages, or termination for default if and to the extent that it's delay in performance or other failure to perform its obligations under the contract is the result of an event of Force Majeure.
- For purposes of this clause and clause "Force Majeure" means an event beyond the control of the service provider and not involving the service provider's fault or negligence and not foreseeable. Such events may include but are not restricted to, acts of the employer in its sovereign capacity, wars or revolutions, fires, floods.

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- Any type of medical emergency or public health emergency will not be considered as Force Majeure situation.

If a force majeure situation arises, the tenderer shall promptly notify the employer in writing of such condition and the cause there of. Unless otherwise directed by the purchaser in writing the supplier shall continue to perform its obligations under the contract as far as is reasonably practical and shall seek all reasonable alternative means for performance not prevented by the force majeure event.

5- Clause for termination of contract

- The contract can be terminated by giving Three months notice on either side.
- Dean, Pt. JNM Medical College, Raipur shall have the right to terminate the contract of the services rendered by the vendor, which are not of the requisite standard.
- After completion of contract, if the employer is satisfied with the service of the contractor, the contract may be extended further.
- Any violation of instructions/agreement or suppression of facts will attract cancellation of agreement without any reference.
- The Tenderer may at any time terminate the Contract by giving written notice to the contractor, if the service provider becomes bankrupt or otherwise insolvent. In this event, termination will be without compensation to the contractor, provided that such termination will not prejudice or affect any right of action or remedy that has accrued or will accrue thereafter to the Purchaser.

6- Resolution of Dispute

- In case of any dispute or differences arising under the terms of this Agreement the same shall be settled by reference to arbitration by a Sole Arbitrator to be appointed by Dean, Pt. JNM Medical College, Raipur, Chhattisgarh. The provisions of Arbitration and Conciliation Act 1996 shall be applicable.
- All matters of jurisdiction shall be at the Raipur Court only.

7- Governing language

The contract shall be written in English language. All correspondence and documents pertaining to the Contract which are exchanged by the parties shall be written in the English / Hindi language.

8- Contract Agreement

- An agreement shall be signed with the successful bidder as per contract agreement format.
- The contract shall come into effect on the date of signing by both the parties. The contract shall be valid for a period of 2 years from the date of signing of contract. The contract can be extended for one year, on the same terms and conditions with mutual consent. In such cases the Service Provider shall have to deposit the Bank Guarantee for the extended period.

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9- Payments:

Payment to the contractor against the dietary services provided shall be made month-wise as per actual numbers of diets provided to patients duly verified by the Institute Dietician, after submitting the bills along with other relevant supporting documents. Payment shall be released after deducting TDS as per Income Tax Rules and any other deductions as per prevailing Govt. Rules.

10- Compliance with laws

The Service Provider shall take due care that all its documents comply with all relevant laws and statutory regulations and ordinances, guidelines in force which includes all laws in force and effect as of the date hereof and which may be promulgated or brought into force and effect hereinafter in India including judgements, decrees, injunctions, writs of or orders of any court of record, as may be in force and effect during the subsistence of this Agreement applicable to the Service Provider.

11. Governing law and jurisdiction

This Agreement shall be governed by the laws of India. The Courts at Raipur, Chhattisgarh shall have jurisdiction over all matters arising out of or relation to this Agreement.

12. Severability

In the event that any provision of the term & conditions is held to be invalid or unenforceable, the remaining provisions of term & conditions will remain in full force and effect.

13. Modification

Modification of the terms and conditions, including any modification of the scope of the Services, may only be made by written agreement between the Parties.

14. Variations

Employer may, by written notice to the Service Provider, direct the Service Provider to vary the scope, sequence or timing of the Services and the Service Provider shall be bound to comply with that direction. All such variation shall be in writing.

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B. Special terms & conditions

1. Bidder will supply all kind of diet mentioned in the diet charts on advice of dietician/Nutritionist/authority of the concerned institute. No request for modification of prescribed menu will be entertained.
2. Surprise visit to the premises where it is running the dietary services, by the representatives of the institute shall be made to assess vendor capacity & standing as well as hygiene status and the observation will affect the bid outcome of the bidder in numerical terms.
3. The Dean, Pt. JNM Medical College, Raipur/ relevant hospital shall be the final authority to reject full or any part of the supply which is not confirming to the specification and other terms and conditions.
4. The quantity shown in the tender can be increased or decreased to any extent depending upon the actual requirement.
5. Any action on the part of the tenderer to influence anybody will be taken as an offence, and will not be allowed to participate in the tender process and their offer will not be considered.
6. Dean, Pt. JNM Medical College, Raipur, Chhattisgarh/ associated Dr. B.R. Ambedkar hospital shall have the right-
 - (A) To stop the supply of or to destroy any article of food or drinks sold if found adulterated, contaminated or of unsatisfactory quality.
 - (B) To stop the service rendered by the vendor in the Dietary service which is not of the requisite standard.
 - (C) Dean, Pt. JNM Medical College, Raipur/ relevant hospital authority may demand and be supplied with a sample of any article of food or drinks for inspection and analysis.
 - (D) The vendor shall allow the official of the Dean, Pt. JNM Medical College, Raipur Raipur/officials of the relevant Hospital to enter the kitchen in order to inspect and execute, any Structural additions and alterations or repairs to the said kitchen premises, repairs to electric, water and sanitary installations, which may be found necessary from, time to time. The time and date for this purpose will be fixed with the mutual convenience of both the parties.
7. The Contractor shall deploy the required personnel to provide the said service and immediately communicate the names and residential address, age etc. of the persons as and when deployed or changed from time to time.
8. For the purpose of proper identification of the employee of the contractor deployed various works, the Contractor shall himself issue them the Identity cards/identification document to his employees and they shall be duty bound to display the identity

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cards at the time of duty. The employees deployed by the contractor would be required to wear uniform supplied by him during cooking and service meals on duty.

9. The competent authority of the institute or any authorized representative can check the food qualities prepared in the Hospital Kitchen at any time and can also take samples of the same to be tested in the Institute. In case, on testing the quality of food is not found up to the mark, action as deemed fit will be taken against the contractor. Any decision taken by the competent authority in this regard shall be final. The contractor shall take daily orders for the work to be undertaken regarding quality and get verified food to be served from the schedule given.
10. The persons deployed by the contractor for the work shall be the employees of the contractor for all intents and purposes and in no case, there shall be any relationship of employer and employee between the said persons and the Institution.
11. The persons so deployed shall be under the overall control and supervision of the contractor and the contractor shall be liable for payment of their wages etc. and all other dues which the contractor is liable to pay under the various Labour Regulation and other statutory provisions. The Institute shall be absolved of any such liability at its own level.
12. The contractor shall take all reasonable precautions to prevent any unlawful riots or disorderly conduct or acts of his employees so deployed and for the preservations of peace and protection of persons and property for the Institution.
13. In case any of the persons so deployed by the contractor indulge in any unlawful activity or disorderly conduct, the contractor shall take punitive action against such employee.
14. In case of any complaint/defect pointed out by the Institute/Authorities, the contractor shall immediately replace the particular person so deployed without further arguments.
15. The contractor shall keep the Institution indemnified against all the loss caused to the Institute property by way of theft, mishandling or otherwise and the claims whatsoever in respect of the employees deployed by the contractor so deployed enters in dispute of any nature whatsoever, it will be the sole responsibility of the contractor concerned to contest the same. In case institution is also made a party and is supposed to contest the case, the cost, if any of the actual expenses incurred towards counsel fee and other expenses shall be paid to the Institute by the contractor in advance on demand. Further, the contractor shall ensure that no financial or any other legal liability comes on the Institution in the respect of any nature whatsoever for the act done by the person of the contractor and shall keep the institution indemnified in this respect.
16. The Institution shall have further right to adjust or readjust or deduct any of the amounts as aforesaid from the payments to be made to the Contractor under this Contract or out of the bank guarantee of the Contractor.

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17. The Contractor shall furnish an indemnity bond from Insurance Company at its own cost of indemnifying Institute against any claim arising out of or connected with this agreement.
18. In the event of exigencies arising due to the death, infirmity, insolvency of the contractor or/for any other reason or circumstances liabilities thereof of the contract shall be borne by the following on such terms and conditions, as the Dean, Pt. JNM Medical College, Raipur (CG) may further think proper in Public Interest on revoke the contract, namely:
- (a) Legal heirs in case of sole proprietor; (b) The next partners in the case of Company or Institution otherwise the competent authority of the institute shall reserve the right to settle the matter according to the circumstances of the case as he may think proper.

Miscellaneous Terms & Conditions

a. Processes to be undertaken by the vendor for dietary & its related services

1. Time schedule & Menu planning, preparation and cooking of the normal diet, Therapeutic diet and Enteral feeds in hospital of respective Medical College in Chhattisgarh, kitchen as per the instructions of the Dietary In-charge. (as per Annexure-III. The preparation of various diets will be under direct supervision of the Institute's dietician.
2. All type of nutritional supplements shall be provided by the contractor.
3. The vendor shall be responsible for procurement of all the raw food materials (only from laboratory tested reputed firms and AGMARK/FSSAI Certified marked where ever possible) and bidder should give the information of all raw materials for food like milk, grains, flours, spices, oils and other raw material as per table given below-

Commodity	Standard (Equivalent brands are indicative of quality of raw materials to be used)
Rice	IR 36 or superior grade,
Lentil Dal	Medium grade
Moong dal Medium grade	Medium grade
Egg (Poultry)	Poultry egg, weight not less than 60 gms
Wheat Flour	Conforming to Agmark grade
Mustard Oil	Branded, free from Argemone oil,
Refined cooking oil	Branded
Sugar to be supplied in pouch	Equivalent to Balarampur Chini

Vegetables and Fruits	Fresh, seasonal
Sliced Loaf Bread	Equivalent to White Sliced sandwich Bread, Machine made bread sliced by automatic machine and machine packed in waxed paper or plastic wrapper to completely enclose the bread,
Banana.	just ripe, Weight not less than 110 grams
Dairy Products	Packed, Branded (Amul, Devbhog,)
Salt	Iodised

4. It will be the responsibility of the vendor for transportation of the prepared diet to the patient according to specific requirement, in a covered trolley or already prearranged trays under hygienic conditions.
5. Contractor will be responsible for collection, washing and cleaning of the serving trays/utensil/bottles etc with safe & standard quality of cleaning materials. (in case of non-disposable).
6. The vendor will be responsible for safe disposal of the leftover food/vegetable peels/and other kitchen garbage as per the prevailing norms of the Raipur Municipal Corporation. In short the vendor is responsible for kitchen related waste management & disposal.
7. The vendor shall be responsible for providing food to patients in emergency as per instructions of dietary in-charge at times other than specified timings in the diet schedule including night (example when patients goes for some test or investigations).
8. The vendor will be responsible for entire cleanliness of kitchen and hygiene of staff deployed by the vendor.
9. If disposables are used in any step of dietary service, they should be disposed off, as per the prevailing norms of Raipur Municipal Corporation.
10. Only LPG or Electricity will be used for cooking. No Coal, wood or any other fossil fuel shall be used as fuel for cooking of food, heating of food etc.
11. The vendor will need to have a meeting with In-charge of Dietary Department of the Hospital once in a month/on call to review the services.
12. The vendor must required to arrange for health inspection of his all working staff in dietary services on regular basis. This may be done by an outside agency or by Pt. JNM medical college.
13. The Vendor shall keep the kitchen scrupulously clean and in a sanitary condition to the satisfaction of the Dietary department and administration. It shall be the responsibility of the vendor to employ adequate number of cleaners and sweepers

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and provide them with adequate and necessary equipment's/chemicals for keeping the kitchen scrupulously clean. Anti-rodent and pest control measures will also be strictly followed and is the responsibility of the vendor. Gutka, Panmasala, tobacco, alcohol & smoking is strictly not allowed in Kitchen or other areas of hospital.

14. The vendor shall employ adequate number of well trained & educated staff (bearers and cooks) at his own expense for the proper discharge of the responsibility entrusted to him under the Agreement and such employee shall be persons with enough experience. They shall be provided with uniforms, apron, hand gloves and head gear by the vendor at his own cost and they are to be maintained in neat and tidy condition while on duty & the minimum qualification of Service Boys is class 10th pass and for Supervisors is class 12th pass. Number of staff required is Supervisor (2 Nos. in morning & 2 Nos. in evening), waiter - 7, Cook - 2, Cook helper-2, Utility Cleaner - 2, Kitchen Cleaner - 2, No. of staff can be increased as per requirement of Dietary Department.
15. The vendor shall employ only those persons in the kitchen who are found to be medically fit without skin disorder of any kind. Hospital reserves its rights to examine any of the employees for medical fitness without prior notice. Expenses, if any incurred on medical examination of such employees, shall be borne and paid by the vendor.
16. The vendor has to use the equipments/ machines available at Dr. BRAM Hospital kitchen. However, additional equipment's/machines of different capacities/types, including cooking utensils, crockery and cutlery and serving dishes needed according to the menu has to be procured by the bidder. All machines must be cleaned every day after use, at regular interval. The bidder is responsible for the comprehensive maintenance of the Modular kitchen equipment/ machines already installed by the hospital authority at his/her own cost. The terms and conditions for comprehensive maintenance of the Modular kitchen equipments will be finalized by the hospital authority.
17. The employee of the vendor should behave respectfully from officers, employee of the hospital, Patient & their relatives. Indulging in any social activities if identified should be immediately removed from the job.

b. Wages to employees and Insurance

The vendor shall comply with the laws applicable to employees working in the kitchen regarding working hours, minimum wages, safety, cleanliness, leave, over time allowances, provident fund, retrenchment benefit, medical benefit etc. If on account of non-compliance with the provisions of any such laws, respective Medical College is called upon to make any payment to or in respect of his employees, the vendor shall fully reimburse to Institute all such payment and Institute shall be free to make deductions on this account from the amount of Security Deposit, in which case, the vendor shall immediately pay to the

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Institute such amount as may be necessary to make up the required security Deposit, or from the dues which may be payable by Institute to the vendor. The vendor will sign an Indemnity Bond in favor of Dean, Pt. JNM Medical College, Raipur to this effect.

c. **Security and safety**

Dean, Pt. JNM Medical College, Raipur shall not be held responsible for any loss or damage due to any reasons whatsoever to any type of inventory that may be kept in the said Kitchen store by the vendor. The premises provided to the vendor should only be used for the purpose as mentioned in the contract (and any other material). Under no circumstances, should the premises be used for any other purpose, then what has been mentioned in the contract.

d. **Payment towards Electricity and Rents**

Electricity bill will be worn by the vendor only after installation of the sub meter by the institute and it is to be paid as per actual.

e. **Commitments by the hospital**

1. Space and accommodation requirement

i. Sufficient space will be provided by the institution along with electrical and water connection. If required extra alteration, civil work will be done by bidder at its cost.

ii. Subsequent maintenance including electrical and civil works in the kitchen area will be done by the successful bidder

2. Kitchen Dietician

The kitchen dietician from the Institute will be the over all supervise so that proper dietary services are followed.

f. **Obligation of the contractor**

It is the responsibility of the contractor to provide dietary services to the hospital irrespective of any unforeseen events (Natural calamity, Health emergencies like Epidemics/Pandemics). In case of failure to do so, Criminal Proceedings may be initiated against the bidder in addition to financial penalty.

The bidder shall arrange quality ration items from the market at his own cost required for contract services. The contractor will prepare and make supplied diet as per specifications given in the **Annexure-III**. Ration so procured will have to meet the optimum quality and be to the satisfaction of the patients and to ensure the following:-

1) Preparation, processing and cooking of food and to ensure that the same is

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supplied/distributed and served at fixed timing as per the diet schedule in the requisite area-

- i) To make arrangements for deployment of staff and supervise their work.
 - ii) All the workers to be deployed will get declared medically fit from any Government hospital at the start of contract period. Thereafter, their health check-up will be done twice in a year i.e. after every six months at the cost of the contractor. Immunization of the workers for different infective diseases shall be got gone by the contractor at his own cost.
 - iii) All workers of the contractor shall wear the prescribed uniform at the time of duty and shall display identity cards so supplied by the contractor.
 - iv) The contractor shall supply a list of all the workers so deployed to the office of the Medical Superintendent/Consultant/ Dietician before they are put to work. Similarly he/she will also inform immediately in case any workers has been changed.
 - v) All the workers shall be paid the wages by the contractor as per the Labour Laws and he/she shall submit a certificate every month in this regard.
 - vi) All workers deployed shall primarily be the workers of the contractor. The Institute will have no obligation; the staff hired by contractor will have no right to claim any job from Dean, Pt. JNM Medical College on this account.
 - vii) The contractor will ensure bed to bed meal services to patient at hospital within the prescribed timings. The contractor will ensure that the food/the therapeutic diet is served to the patients by their beds in each ward at all levels in trays as prescribed and the empty trays are collected back after meals for cleaning.
- 2) The contractor shall be liable to obtain any license(s) under the Food Act at his own from the Competent Authority as required under the relevant rules and submit a copy of the same to the Institute.
 - 3) Routine day to day maintenance of the area relating to Public Health, Civil & Electrical services will be the responsibility of the contractor.
 - 4) The cleanliness of the area is the entire responsibility of the contractor. He will engage safaiwalas/cleaning karamchari at his own cost. He shall ensure that all waste so generated in the area is transported in appropriate manner to the designated refuse points in the hospital.
 - 5) Catering activities will be carried out on all days of work all the year round (365 days) including Sundays and holidays (inclusive of epidemic/pandemic situations).
 - 6) The food is to be provided in SS trays and should be properly wrapped with permitted wrapping material (polythene/ aluminium foil).
 - 7) In case of certain situation where administration orders food to be provided in disposable trays, the additional cost of disposable trays will be borne by the employer.

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- 8) All raw foods products to be purchased from the reputed Govt. laboratory tested certified agencies. Bread, Curds (packed) & Milk (3% fat) toned will be purchased from the reputed company.

Concerned Dietician/Chief Dietician/any other officer so deputed for the purpose will monitor that all the conditions specified above is fulfilled.

9) **For Cooked foods:-**

- i. Hospital Management may check these products at any point of time for quality control interms of adulteration, freshness, color, portion control, weight, taste, temperature, appearance and palatability.
- ii. Standardization of the recipe will be done from time to time in presence of the Dietician.
- iii. The preparation of menu will be set by the Dietician from time to time as per the season and seasonal fruits and vegetables available from the market.

g. **Reports and instructions:**

- a) The Contractor/his representative shall take daily instructions/orders regarding diets/feeds changes on daily basis as per the patients' needs as mentioned in the Annexure-IV or the work to be undertaken or relating to the contract from the Dietician/any other officer assigned for the job that shall be officer in- charge to supervise the work of the contractor and verify the bill accordingly.
- b) The concerned Dietician shall be entitled to deviate either by addition or by deletion of items of work in the said specification.
- c) Routine notices/instructions/orders shall be given by the Dietician/any other officer so deputed by the Institute.

h. **Time of Start the Patient Diet Kitchen Services at Medical College in Chhattisgarh**

The work shall deemed to be commenced within 15 days from the date of acceptance letter or date of handing over of Patient Diet Kitchen Site at Hospital place, whichever is earlier. However the contract will be applicable after the completion/termination of the previous allotted contract for the dietary services in the hospital. Time is the essence of the contract and shall be strictly observed by the Contractor.

i. **Blacklisting**

- 1 The Bidder who submits false, forged or fabricated documents or conceals facts with intent to win over the Bid or procure purchase order; bid security Deposit of such Bidder firm will be forfeited and firm will be liable for blacklisting for a period of not less than 2 years/or indefinitely. The firm will also be liable for legal action depending on the facts and circumstances of the case.

- 2 If the successful Bidder fails to execute the agreement after being declared as QBS: H-1 to perform the obligations under the Bid conditions, Bid Security Deposit of such Bidder firm will be forfeited and firm will be liable for blacklisting for a period of not less than 2 years or the period specified in Bid document.
- 3 The Bidder who have withdrawn after participating in the tender either fully or partially, the entire firm/company will be blacklisted for a period of 2 years from the date of intimation apart from forfeiture of the Security Deposit/EMD.
- 4 Blacklisting for Quality failure: The Bidder should provide good quality and quantity food. If the penalty imposed is 3 months in a year, the contract shall be liable for termination and also the bidder shall be black listed for the period of 2 years.

Other Important instructions

- 1- All the Bid documents should be duly signed by the bidder
- 2- The purchaser shall have all rights to modify, addition, subtraction of any term(s) and condition(s) of the tender and different bids therein during any time of tender process, which shall be communicated to the bidder by online template.
- 3- The selection of Bidders shall be carried out through e-tendering process. Proposal/Bids are to be submitted online in electronic format on website www.eproc.cgstate.gov.in as per tender document.
- 4- Tender document may be downloaded from the website:-www.eproc.cgstate.gov.in
- 5- The bidders shall be solely responsible for checking these websites for any addendum/amendment issued subsequently to the bid document and take into consideration the same while preparing and submitting the bids.
- 6- The initial period of contract shall be for Two years which may be further extended for a period of 1 year by mutual agreement depending on performance of the Agency and at discretion of the Dean PT.J.N.M. Medical College Raipur Chhattisgarh.
- 7- Bidders are advised and required to go through the guidelines regarding online filling and submission of tender documents which can be downloaded from www.eproc.cgstate.gov.in.
- 8- Dean, Pt.JNM Medical College,Raipur Chhattisgarh will be the final authority for any changes in tender terms.
- 9- The bid shall be valid and open for acceptance of the competent authority for a period of 180 days from the date of opening of the tenders and no request for any variation in quoted rates

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and / withdrawal of tender on any ground by successful bidder shall be entertained.

- 10-To assist in the analysis, evaluation and computation of the bids, the competent authority, may ask bidders individually for clarification of their bids. The request for clarification and the response shall be in writing but no change in the price or substance of the bid offered shall be permitted.
- 11-After evaluation, the work shall be awarded normally to the Agency fulfilling all the conditions and who has obtained the highest score as per **Annexure-V**.
- 12-The agency should comply with the minimum wages act with the employees appointed under the condition of the contract as per the prevailing labor laws.
- 13- At the end of contract period, the vendor will be responsible for handing over all the equipment/machines provided by the hospital in fully functional working condition failing which the amount incurred for repair/replacement will be deducted from his dues/security deposit.

Dean,
Pt. JNM Medical College,
Raipur, Chhattisgarh

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Contract Agreement Format

(To be made on Rs.100.00 Non Judicial Stamp Paper)

DRAFT AGREEMENT FORMAT

This agreement is made at Raipur on the _____ day of _____ Two thousand Nineteen between the (Name of the College/University) (hereinafter called 'Client' which expression shall, unless repugnant to the context or meaning thereof be deemed to mean and include its successors, legal representatives and assigns) of the First Part.

Second Part

M/s _____, having its registered office at

_____ (herein after called the 'Agency' which expression unless repugnant to the context shall mean and include its successors-in-interest assigns etc.) of the Second Part .

WHEREAS the Dean Pt.J.N.M.Medical College Raipur, Chhattisgarh is desirous to engage the 'Agency' for providing Dietary Services for Dr.B.R.Ambedkar hospital Raipur in Chhattisgarh state on the terms and conditions stated below:

1. In this Agreement words and expressions shall have the same meanings as are respectively assigned to them in the Conditions of Contract referred to.
2. The Following documents shall constitute the Contract between Dr. B.R.A.M. Hospital & Agency. And each shall be read and construed as an integral part of the contract
 - This contract agreement
 - General terms and conditions of tender document
 - Special conditions of tender document
 - Technical requirement
 - Agency bid and original price schedule
 - Work order
3. The Agency shall be solely responsible for compliance to provisions of various Labour, Industrial and any other laws applicable and all statutory obligations, such as, Wages, Allowances, Compensations, EPF, Bonus, Gratuity, ESI, etc. relating to security personnel deployed in Dr, BRAM Hospital. The 'Client' shall have no liability in this regard.
4. The Agency shall be solely responsible for any accident / medical / health related liability / compensation for the personnel deployed by it at Dr, BRAM Hospital site. The 'Client' shall have no liability in this regard.

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5. Any violation of instruction / agreement or suppression of facts will attract cancellation of agreement without any reference or any notice period.
6. The contract can be terminated by giving three month notice on either side.
7. In case of non-compliance with the contract, the 'Client' reserves its right to:
 - a. Cancel / revoke the contract; and / or
 - b. Impose penalty up to 10% of the Total Annual Value of contract.
8. Security Deposit equal to 05% of the Annual Contract Value (refundable after two months of termination of contract) in the form of FDR or Bank Guarantee shall be furnished by the 'Agency' at the time of signing of the Agreement.
9. The 'Agency' shall be fully responsible for timely monthly payment of wages and any other dues to the personnel deployed in Dr.BRAM Hospital kitchen
10. The 'Agency' also agrees to comply with annexed Terms and Conditions and amendments thereto from time to time.
11. Decision of Dean,Pt.JNM Medical College,Raipur, Chhattisgarh in regard to interpretation of the Terms and Conditions and the Agreement shall be final and binding on the 'Agency'.
12. The 'Agency' shall ensure full compliance with tax laws of India with regard to this Contract and shall be solely responsible for the same. The 'Agency' shall keep 'Client' fully indemnified against liability of tax, interest, penalty etc of the 'Agency' in respect thereof, which may arise.
13. In case of any dispute between the 'Agency' and 'Client', Dean,Pt.JNM Medical College,Raipur, Chhattisgarh shall have the right to decide. However, all matters of jurisdiction shall be at the local courts located at work place.
14. All the terms & conditions in the tender document will be part of the agreement and remain applicable during contract period.
- 15.

THIS AGREEMENT will take effect from _____ day of _____ Two thousand twenty two shall be valid for 02 years. After completion of contract, if the employer is satisfied with the service of the contractor, the contract will be extended further.

IN WITNESS WHEREOF both the parties here to have caused the irrespective common seals to be hereunto affixed / (or have hereunto set their respective hands and seals) the day and year mentioned above in Raipur in the presence of the witness:

16. For and on behalf of the 'Agency'

For and on behalf of the (Name of the College/University)

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Signature of the authorized Official

Name of the Official

Stamp / Seal of the 'Agency'
SIGNED, SEALED AND DELIVERED

By the said.....
.....(Name)

Signature of the authorized Official

Name of the Official

By the said.....

.....(Name)

17. on behalf of the 'Agency' in presence
of

on behalf of the (College/University)
presence of *Hospital*

Witness.....
Name.....
Address :

Witness.....
Name.....
Address.....

Annexures

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ANNEXURE- I

DETAILS OF SATISFACTORY COMPLETED WORKS OF SIMILAR NATURE AND COMPLEXITY

(Name of work-Outsourcing of Dietary services)

S.No.	Name of Organization/Hospital/ with complete address and telephone numbers to whom services provided	No. of Beds in hospital	No. of persons catered per year in case of hotels/other services	From - To	Contracted Amount (Rs. Per Month with TDS) indicating the rate of per meal	Reason for Termination

Note- Please must attach/enclosed supporting documents for the above information and The Tenderer should have been in business in dietary service for which the quotation / tender are submitted. The vendor on a non- judicial stamp paper should give a declaration to the effect. The firm should also submit list of organization where it is running its service in the last three years. The vendor is required to submit performance report from such organization where it has been providing services in dietary indicating no. of bed in case of hospital/no. of persons to whom the dietary services catered in the years and contracted amount per year.

Signature of the Tenderer with seal

Name-

Designation -

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ANNEXURE- II

Declaration by the Bidder (On a ^{Non-judicial} Stamp paper of Rupees 100/-)

This is to certify that I/We before signing this tender have read and fully understood all the terms and conditions contained herein and undertake myself/ourselves to abide by them. I/we also declare that my/our firm has not been blacklisted.

(Signature of Bidder with seal)

Name:

.....

Address :

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Place:.....

Date:.....

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FULL DIET

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast 08:00 AM						
पोहा 50 +मटर सब्जी 30 ग्राम	उपमा 30 ग्राम	दलिया 30 ग्राम	इडली 2 नग साभर 25 ग्राम	पोहा 50 +मटर सब्जी 30 ग्राम	ओट्स 30 ग्राम	इडली 2 नग साभर 25 ग्राम
दूध 200 एम.एल	दूध 200 एम.एल	दूध 200 एम.एल	दूध 200 एम.एल	दूध 200 एम.एल	दूध 200 एम.एल	दूध 200 एम.एल
Lunch – 12:00 PM						
चावल 75 ग्राम	चावल 75 ग्राम	चावल 75 ग्राम	चावल 75 ग्राम	चावल 75 ग्राम	चावल 75 ग्राम	चावल 75 ग्राम
राहर दाल 30 ग्राम	मूंग दाल 30 ग्राम	मसूर दाल – 30 ग्राम	राहर दाल 30 ग्राम	मिक्स दाल 30 ग्राम	मसूर दाल – 30 ग्राम	मूंग दाल 30 ग्राम
3 रोटी 75 ग्राम	3 रोटी 75 ग्राम	3 रोटी 75 ग्राम	3 रोटी 75 ग्राम	3 रोटी 75 ग्राम	3 रोटी 75 ग्राम	3 रोटी 75 ग्राम
हरी सब्जी 75 ग्राम	हरी सब्जी 75 ग्राम	हरी सब्जी 75 ग्राम	हरी सब्जी 75 ग्राम	हरी सब्जी 75 ग्राम	हरी सब्जी 75 ग्राम	हरी सब्जी 75 ग्राम
हरी सब्जी 75 ग्राम	हरी सब्जी 75 ग्राम	हरी सब्जी 75 ग्राम	हरी सब्जी 75 ग्राम	हरी सब्जी 75 ग्राम	हरी सब्जी 75 ग्राम	हरी सब्जी 75 ग्राम
Evening Tea & Snacks – 04:00 PM						
चाय 1 कप (50ml)	चाय 1 कप (50ml)	चाय 1 कप (50ml)	चाय 1 कप (50ml)	चाय 1 कप (50ml)	चाय 1 कप (50ml)	चाय 1 कप (50ml)
फूटे चने 30 ग्राम	भुनी मूंगफली 30 ग्राम	मुरा 50 ग्राम	पारले जी बिस्किट	टोस्ट 2 नग	अकुरित अनाज 50 ग्राम	मैरी बिस्किट
फल 100 ग्राम	फल 100 ग्राम	फल 100 ग्राम	फल 100 ग्राम	फल 100 ग्राम	फल 100 ग्राम	फल 100 ग्राम
बेसन लड्डू/पेड़ा 1 नग	बेसन लड्डू/पेड़ा 1 नग	बेसन लड्डू/पेड़ा 1 नग	बेसन लड्डू/पेड़ा 1 नग	बेसन लड्डू/पेड़ा 1 नग	बेसन लड्डू/पेड़ा 1 नग	बेसन लड्डू/पेड़ा 1 नग
Dinner – 06:30 PM						
चावल 75 ग्राम	चावल 75 ग्राम	चावल 75 ग्राम	चावल 75 ग्राम	चावल 75 ग्राम	चावल 75 ग्राम	चावल 75 ग्राम
मूंगदाल 30 ग्राम	मूंगदाल 30 ग्राम	मूंगदाल 30 ग्राम	मूंगदाल 30 ग्राम	मूंगदाल 30 ग्राम	मूंगदाल 30 ग्राम	मूंगदाल 30 ग्राम
3 रोटी 75 ग्राम	3 रोटी 75 ग्राम	3 रोटी 75 ग्राम	3 रोटी 75 ग्राम	3 रोटी 75 ग्राम	3 रोटी 75 ग्राम	3 रोटी 75 ग्राम
हरी सब्जी 150 ग्राम	हरी सब्जी 150 ग्राम	हरी सब्जी 150 ग्राम	हरी सब्जी 150 ग्राम	हरी सब्जी 150 ग्राम	हरी सब्जी 150 ग्राम	हरी सब्जी 150 ग्राम
Bed Time Feeding – 09:00 PM						
दूध 200 एम.एल	दूध 200 एम.एल	दूध 200 एम.एल	दूध 200 एम.एल	दूध 200 एम.एल	दूध 200 एम.एल	दूध 200 एम.एल

- नोट :- (1.) सभी मौसमी हरी सब्जियाँ एवं मौसमी फल प्रभारी अधिकारी किचन एवं डायटीशियन के निर्देशानुसार देना होगा।
- (2.) नाश्ते में आवश्यकतानुसार मीठी नीम, फल्ली, मटर, प्याज, गाजर, शिमला मिर्च, धनियापत्ती, डालना अनिवार्य होगा।
- (3.) सब्जी में टमाटर, प्याज, अदरक, लहसुन, मीठी नीम, हरा धनिया डालना अनिवार्य है।
- (4.) तेल व मिर्च मसाले का उपयोग कम किया जायें।

शिशु आहार लेने वाले की आहार सारणी (Diet for Children)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast 08:00 AM						
पोहा 50 +मटर सब्जी 30 ग्राम	उपमा 30 ग्राम	दलिया 30 ग्राम	इडली 2 नग साभर 25 ग्राम	पोहा 50 +मटर सब्जी 30 ग्राम	ओट्स 30 ग्राम	इडली 2 नग साभर 25 ग्राम
दूध 200 एम.एल	दूध 200 एम.एल	दूध 200 एम.एल	दूध 200 एम.एल	दूध 200 एम.एल	दूध 200 एम.एल	दूध 200 एम.एल
Lunch – 12:00 PM						
चावल 50 ग्राम	चावल 50 ग्राम	चावल 50 ग्राम	चावल 50 ग्राम	चावल 50 ग्राम	चावल 50 ग्राम	चावल 50 ग्राम
राहर दाल 30 ग्राम	मूंग दाल 30 ग्राम	मसूर दाल – 30 ग्राम	राहर दाल 30 ग्राम	मिक्स दाल 30 ग्राम	मसूर दाल – 30 ग्राम	मूंग दाल 30 ग्राम
3 रोटी 75 ग्राम	3 रोटी 75 ग्राम	3 रोटी 75 ग्राम	3 रोटी 75 ग्राम	3 रोटी 75 ग्राम	3 रोटी 75 ग्राम	3 रोटी 75 ग्राम
हरी सब्जी 75 ग्राम	हरी सब्जी 75 ग्राम	हरी सब्जी 75 ग्राम	हरी सब्जी 75 ग्राम	हरी सब्जी 75 ग्राम	हरी सब्जी 75 ग्राम	हरी सब्जी 75 ग्राम
उबला अण्डा 1	उबला अण्डा 1	उबला अण्डा 1	उबला अण्डा 1	उबला अण्डा 1	उबला अण्डा 1	उबला अण्डा 1
Evening Tea & Snacks – 04:00 PM						
चाय 1 कप (50ml)	चाय 1 कप (50ml)	चाय 1 कप (50ml)	चाय 1 कप (50ml)	चाय 1 कप (50ml)	चाय 1 कप (50ml)	चाय 1 कप (50ml)
फूटे चने 30 ग्राम	भुनी मूंगफली 30 ग्राम	मुर्दा 50 ग्राम	पारले जी बिस्किट	टोस्ट 2 नग	अकुरित अनाज 50 ग्राम	मैरी बिस्किट
फल 100 ग्राम	फल 100 ग्राम	फल 100 ग्राम	फल 100 ग्राम	फल 100 ग्राम	फल 100 ग्राम	फल 100 ग्राम
बेसन लड्डू/पेड़ा 1 नग	बेसन लड्डू/पेड़ा 1 नग	बेसन लड्डू/पेड़ा 1 नग	बेसन लड्डू/पेड़ा 1 नग	बेसन लड्डू/पेड़ा 1 नग	बेसन लड्डू/पेड़ा 1 नग	बेसन लड्डू/पेड़ा 1 नग
Dinner – 06:30 PM						
चावल 50 ग्राम	चावल 50 ग्राम	चावल 50 ग्राम	चावल 50 ग्राम	चावल 50 ग्राम	चावल 50 ग्राम	चावल 50 ग्राम
मूंगदाल 30 ग्राम	मूंगदाल 30 ग्राम	मूंगदाल 30 ग्राम	मूंगदाल 30 ग्राम	मूंगदाल 30 ग्राम	मूंगदाल 30 ग्राम	मूंगदाल 30 ग्राम
3 रोटी 75 ग्राम	3 रोटी 75 ग्राम	3 रोटी 75 ग्राम	3 रोटी 75 ग्राम	3 रोटी 75 ग्राम	3 रोटी 75 ग्राम	3 रोटी 75 ग्राम
हरी सब्जी 150 ग्राम	हरी सब्जी 150 ग्राम	हरी सब्जी 150 ग्राम	हरी सब्जी 150 ग्राम	हरी सब्जी 150 ग्राम	हरी सब्जी 150 ग्राम	हरी सब्जी 150 ग्राम
Bed Time Feeding – 09:00 PM						
दूध 200 एम.एल	दूध 200 एम.एल	दूध 200 एम.एल	दूध 200 एम.एल	दूध 200 एम.एल	दूध 200 एम.एल	दूध 200 एम.एल

- नोट :-
- (1.) सभी मौसमी हरी सब्जियाँ एवं मौसमी फल प्रभारी अधिकारी किचन एवं डायटीशियन के निर्देशानुसार देना होगा।
 - (2.) नाश्ते में आवश्यकतानुसार मीठी नीम, फल्ली, मटर, प्याज, गाजर, धिमला मिर्च, धनियापत्ती, डालना अनिवार्य होगा।
 - (3.) सब्जी में टमाटर, प्याज, अदरक, लहसुन, मीठी नीम, हरा धनिया डालना अनिवार्य है।
 - (4.) तेल व मिर्च मसाले का उपयोग कम किया जाये।

HIGH PROTEIN DIET

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast 08:00 AM						
पोहा 50 +मटर सब्जी 30 ग्राम	उपमा 30 ग्राम	दलिया 30 ग्राम	इडली 2 नग साभर 25 ग्राम	पोहा 50 +मटर सब्जी 30 ग्राम	ओट्स 30 ग्राम	इडली 2 नग साभर 25 ग्राम
दूध 200 एम.एल	दूध 200 एम.एल	दूध 200 एम.एल	दूध 200 एम.एल	दूध 200 एम.एल	दूध 200 एम.एल	दूध 200 एम.एल
फल 100	फल 100	फल 100	फल 100	फल 100	फल 100	फल 100
Lunch – 12:00 PM						
चावल 75 ग्राम	चावल 75 ग्राम	चावल 75 ग्राम	चावल 75 ग्राम	चावल 75 ग्राम	चावल 75 ग्राम	चावल 75 ग्राम
राहर दाल 30 ग्राम	मूंग दाल 30 ग्राम	मसूर दाल – 30 ग्राम	राहर दाल 30 ग्राम	मिक्स दाल 30 ग्राम	मसूर दाल – 30 ग्राम	मूंग दाल 30 ग्राम
3 रोटी 75 ग्राम	3 रोटी 75 ग्राम	3 रोटी 75 ग्राम	3 रोटी 75 ग्राम	3 रोटी 75 ग्राम	3 रोटी 75 ग्राम	3 रोटी 75 ग्राम
हरी सब्जी 75 ग्राम	हरी सब्जी 75 ग्राम	हरी सब्जी 75 ग्राम	हरी सब्जी 75 ग्राम	हरी सब्जी 75 ग्राम	हरी सब्जी 75 ग्राम	हरी सब्जी 75 ग्राम
हरी सब्जी 75 ग्राम	हरी सब्जी 75 ग्राम	हरी सब्जी 75 ग्राम	हरी सब्जी 75 ग्राम	हरी सब्जी 75 ग्राम	हरी सब्जी 75 ग्राम	हरी सब्जी 75 ग्राम
उबला अण्डा 1	उबला अण्डा 1	उबला अण्डा 1	उबला अण्डा 1	उबला अण्डा 1	उबला अण्डा 1	उबला अण्डा 1
Evening Tea & Snacks – 04:00 PM						
चाय 1 कप (50ml)	चाय 1 कप (50ml)	चाय 1 कप (50ml)	चाय 1 कप (50ml)	चाय 1 कप (50ml)	चाय 1 कप (50ml)	चाय 1 कप (50ml)
फूटे चने 30 ग्राम	भुनी मूंगफली 30 ग्राम	मुरा 50 ग्राम	पारले जी बिस्किट	टोस्ट 2 नग	अकुरित अनाज 50 ग्राम	मैरी बिस्किट
फल 100 ग्राम	फल 100 ग्राम	फल 100 ग्राम	फल 100 ग्राम	फल 100 ग्राम	फल 100 ग्राम	फल 100 ग्राम
उबला अण्डा 1	उबला अण्डा 1	उबला अण्डा 1	उबला अण्डा 1	उबला अण्डा 1	उबला अण्डा 1	उबला अण्डा 1
Dinner – 06:30 PM						
चावल 75 ग्राम	चावल 75 ग्राम	चावल 75 ग्राम	चावल 75 ग्राम	चावल 75 ग्राम	चावल 75 ग्राम	चावल 75 ग्राम
मूंगदाल 30 ग्राम	मूंगदाल 30 ग्राम	मूंगदाल 30 ग्राम	मूंगदाल 30 ग्राम	मूंगदाल 30 ग्राम	मूंगदाल 30 ग्राम	मूंगदाल 30 ग्राम
3 रोटी 75 ग्राम	3 रोटी 75 ग्राम	3 रोटी 75 ग्राम	3 रोटी 75 ग्राम	3 रोटी 75 ग्राम	3 रोटी 75 ग्राम	3 रोटी 75 ग्राम
हरी सब्जी 150 ग्राम	हरी सब्जी 150 ग्राम	हरी सब्जी 150 ग्राम	हरी सब्जी 150 ग्राम	हरी सब्जी 150 ग्राम	हरी सब्जी 150 ग्राम	हरी सब्जी 150 ग्राम
काबुली चना 30 ग्राम	राजमा 30 ग्राम	सोयाबड़ी 30 ग्राम	झुरगा 30 ग्राम	मटर 30 ग्राम	सोयाबड़ी 30 ग्राम	देशी चना 30 ग्राम
Bed Time Feeding – 09:00 PM						
दूध 200 एम.एल	दूध 200 एम.एल	दूध 200 एम.एल	दूध 200 एम.एल	दूध 200 एम.एल	दूध 200 एम.एल	दूध 200 एम.एल

- नोट :-
- (1) सभी मौसमी हरी सब्जियाँ एवं मौसमी फल प्रभारी अधिकारी किचन एवं डायटीशियन के निर्देशानुसार देना होगा।
 - (2) नाश्ते में आवश्यकतानुसार मीठी नीम, फल्ली, मटर, प्याज, गाजर, भिमला मिर्च, धनियापत्ती, डालना अनिवार्य होगा।
 - (3) सब्जी में टमाटर, प्याज, अदरक, लहसुन, मीठी नीम, हरा धनिया डालना अनिवार्य है।
 - (4) तेल व मिर्च मसाले का उपयोग कम किया जाये।

DIABETIC DIET

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast 08:00 AM						
सेवई 30 ग्राम	उपमा 30 ग्राम	दलिया 30 ग्राम	ओट्स 30 ग्राम	दलिया 30 ग्राम	ओट्स 30 ग्राम	उपमा 30 ग्राम
दूध 200 एम.एल	दूध 200 एम.एल	दूध 200 एम.एल	दूध 200 एम.एल	दूध 200 एम.एल	दूध 200 एम.एल	दूध 200 एम.एल
Lunch – 12:00 PM						
चावल 30 ग्राम	चावल 30 ग्राम	चावल 30 ग्राम	चावल 30 ग्राम	चावल 30 ग्राम	चावल 30 ग्राम	चावल 30 ग्राम
राहर दाल 30 ग्राम	राहर दाल 30 ग्राम	राहर दाल 30 ग्राम	राहर दाल 30 ग्राम	राहर दाल 30 ग्राम	राहर दाल 30 ग्राम	राहर दाल 30 ग्राम
4 रोटी 100 ग्राम	4 रोटी 100 ग्राम	4 रोटी 100 ग्राम	4 रोटी 100 ग्राम	4 रोटी 100 ग्राम	4 रोटी 100 ग्राम	4 रोटी 100 ग्राम
हरी सब्जी 75 ग्राम	हरी सब्जी 75 ग्राम	हरी सब्जी 75 ग्राम	हरी सब्जी 75 ग्राम	हरी सब्जी 75 ग्राम	हरी सब्जी 75 ग्राम	हरी सब्जी 75 ग्राम
हरी सब्जी 75 ग्राम	हरी सब्जी 75 ग्राम	हरी सब्जी 75 ग्राम	हरी सब्जी 75 ग्राम	हरी सब्जी 75 ग्राम	हरी सब्जी 75 ग्राम	हरी सब्जी 75 ग्राम
सलाद 150 ग्राम (टमाटर, प्याज, खीरा)	सलाद 150 ग्राम (टमाटर, प्याज, खीरा)	सलाद 150 ग्राम (टमाटर, प्याज, खीरा)	सलाद 150 ग्राम (टमाटर, प्याज, खीरा)	सलाद 150 ग्राम (टमाटर, प्याज, खीरा)	सलाद 150 ग्राम (टमाटर, प्याज, खीरा)	सलाद 150 ग्राम (टमाटर, प्याज, खीरा)
Evening Tea & Snacks – 04:00 PM						
चाय 1 कप (50ml)	चाय 1 कप (50ml)	चाय 1 कप (50ml)	चाय 1 कप (50ml)	चाय 1 कप (50ml)	चाय 1 कप (50ml)	चाय 1 कप (50ml)
अंकुरित अनाज/फुटे चना 30 ग्राम	अंकुरित अनाज 50 ग्राम	अंकुरित अनाज 50 ग्राम	अंकुरित अनाज 50 ग्राम/मैरी बिरिकट 4	अंकुरित अनाज 50 ग्राम	अंकुरित अनाज 50 ग्राम	अंकुरित अनाज 50 ग्राम/मैरी बिरिकट 4
फल 100 ग्राम	फल 100 ग्राम	फल 100 ग्राम	फल 100 ग्राम	फल 100 ग्राम	फल 100 ग्राम	फल 100 ग्राम
Dinner – 06:30 PM						
मूंगदाल 30 ग्राम	मूंगदाल 30 ग्राम	मूंगदाल 30 ग्राम	मूंगदाल 30 ग्राम	मूंगदाल 30 ग्राम	मूंगदाल 30 ग्राम	मूंगदाल 30 ग्राम
4 रोटी 100 ग्राम	4 रोटी 100 ग्राम	4 रोटी 100 ग्राम	4 रोटी 100 ग्राम	4 रोटी 100 ग्राम	4 रोटी 100 ग्राम	4 रोटी 100 ग्राम
हरी सब्जी 150 ग्राम	हरी सब्जी 150 ग्राम	हरी सब्जी 150 ग्राम	हरी सब्जी 150 ग्राम	हरी सब्जी 150 ग्राम	हरी सब्जी 150 ग्राम	हरी सब्जी 150 ग्राम
सलाद 150 ग्राम (टमाटर, प्याज, खीरा)	सलाद 150 ग्राम (टमाटर, प्याज, खीरा)	सलाद 150 ग्राम (टमाटर, प्याज, खीरा)	सलाद 150 ग्राम (टमाटर, प्याज, खीरा)	सलाद 150 ग्राम (टमाटर, प्याज, खीरा)	सलाद 150 ग्राम (टमाटर, प्याज, खीरा)	सलाद 150 ग्राम (टमाटर, प्याज, खीरा)
Bed Time Feeding – 09:00 PM						
दूध 200 एम.एल	दूध 200 एम.एल	दूध 200 एम.एल	दूध 200 एम.एल	दूध 200 एम.एल	दूध 200 एम.एल	दूध 200 एम.एल

- नोट :-
- (1) सभी मौसमी हरी सब्जियाँ एवं मौसमी फल प्रभारी अधिकारी किचन एवं डायटीशियन के निर्देशानुसार देना होगा।
 - (2) नाश्ते में आवश्यकतानुसार मीठी नीम, फल्ली, मटर, प्याज, गाजर, धिमला मिर्च, धनियापत्ती, डालना अनिवार्य होगा।
 - (3) सब्जी में टमाटर, प्याज, अदरक, लहसुन, मीठी नीम, हरा धनिया डालना अनिवार्य है।
 - (4) तेल व मिर्च मसाले का उपयोग कम किया जाये।

SOFT DIET

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast 08:00 AM						
सेवई 30 ग्राम	उपमा 30 ग्राम	दलिया 30 ग्राम	ओट्स 30 ग्राम	दलिया 30 ग्राम	ओट्स 30 ग्राम	उपमा 30 ग्राम
फल 100 ग्राम	फल 100 ग्राम	फल 100 ग्राम	फल 100 ग्राम	फल 100 ग्राम	फल 100 ग्राम	फल 100 ग्राम
दूध 200 एम.एल	दूध 200 एम.एल	दूध 200 एम.एल	दूध 200 एम.एल	दूध 200 एम.एल	दूध 200 एम.एल	दूध 200 एम.एल
Lunch – 12:00 PM						
वेज खिचड़ी 100 ग्राम उबला अण्डा 1/सत्तू पावडर 30 ग्राम प्रोटीन शेक 200ml	वेज खिचड़ी 100 ग्राम उबला अण्डा 1/सत्तू पावडर 30 ग्राम प्रोटीन शेक 200ml	वेज खिचड़ी 100 ग्राम उबला अण्डा 1/सत्तू पावडर 30 ग्राम प्रोटीन शेक 200ml	वेज खिचड़ी 100 ग्राम उबला अण्डा 1/सत्तू पावडर 30 ग्राम प्रोटीन शेक 200ml	वेज खिचड़ी 100 ग्राम उबला अण्डा 1/सत्तू पावडर 30 ग्राम प्रोटीन शेक 200ml	वेज खिचड़ी 100 ग्राम उबला अण्डा 1/सत्तू पावडर 30 ग्राम प्रोटीन शेक 200ml	वेज खिचड़ी 100 ग्राम उबला अण्डा 1/सत्तू पावडर 30 ग्राम प्रोटीन शेक 200ml
Evening Tea & Snacks – 04:00 PM						
सोया सूप 200ml	सोया सूप 200ml	सोया सूप 200ml	सोया सूप 200ml	सोया सूप 200ml	सोया सूप 200ml	सोया सूप 200ml
बिस्किट 1 पेकेट	बिस्किट 1 पेकेट	बिस्किट 1 पेकेट	बिस्किट 1 पेकेट	बिस्किट 1 पेकेट	बिस्किट 1 पेकेट	बिस्किट 1 पेकेट
उबला अण्डा 1/ग्रेटेड पनीर 20 ग्राम	उबला अण्डा 1/ग्रेटेड पनीर 20 ग्राम	उबला अण्डा 1/ग्रेटेड पनीर 20 ग्राम	उबला अण्डा 1/ग्रेटेड पनीर 20 ग्राम	उबला अण्डा 1/ग्रेटेड पनीर 20 ग्राम	उबला अण्डा 1/ग्रेटेड पनीर 20 ग्राम	उबला अण्डा 1/ग्रेटेड पनीर 20 ग्राम
फल 100 ग्राम	फल 100 ग्राम	फल 100 ग्राम	फल 100 ग्राम	फल 100 ग्राम	फल 100 ग्राम	फल 100 ग्राम
Dinner – 06:30 PM						
वेज दलिया 100 ग्राम दूध 200ml	वेज दलिया 100 ग्राम दूध 200ml	वेज दलिया 100 ग्राम दूध 200ml	वेज दलिया 100 ग्राम दूध 200ml	वेज दलिया 100 ग्राम दूध 200ml	वेज दलिया 100 ग्राम दूध 200ml	वेज दलिया 100 ग्राम दूध 200ml

- नोट :- (1.) सभी मौसमी हरी सब्जियाँ एवं मौसमी फल प्रभारी अधिकारी किचन एवं डायटीशियन के निर्देशानुसार देना होगा।
 (2.) नाश्ते में आवश्यकतानुसार मीठी नीम, फल्ली, मटर, प्याज, गाजर, शिमला मिर्च, धनियापत्ती, डालना अनिवार्य होगा।
 (3.) सब्जी में टमाटर, प्याज, अदरक, लहसुन, मीठी नीम, हरा धनिया डालना अनिवार्य है।
 (4.) तेल व मिर्च मसाले का उपयोग कम किया जाये।

LIQUID DIET

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast 08:00 AM						
केला शेक 200 एम.एल	पपीता शेक/चीकू शेक 200 एम.एल	एप्पल शेक 200 एम.एल	केला शेक/मैंगो शेक 200 एम.एल	एप्पल शेक 200 एम.एल	पपीता शेक 200 एम.एल	केला शेक/मैंगो शेक 200 एम.एल
दूध 200 एम.एल	दूध 200 एम.एल	दूध 200 एम.एल	दूध 200 एम.एल	दूध 200 एम.एल	दूध 200 एम.एल	दूध 200 एम.एल
10:00 PM						
बादाम शेक 200 एम.एल	बादाम शेक 200 एम.एल	बादाम शेक 200 एम.एल	बादाम शेक 200 एम.एल	बादाम शेक 200 एम.एल	बादाम शेक 200 एम.एल	बादाम शेक 200 एम.एल
12:00 PM						
दाल पानी 200 एम.एल.	दाल पानी 200 एम.एल.	दाल पानी 200 एम.एल.	दाल पानी 200 एम.एल.	दाल पानी 200 एम.एल.	दाल पानी 200 एम.एल.	दाल पानी 200 एम.एल.
चावल पानी 100 एम.एल	चावल पानी 100 एम.एल	चावल पानी 100 एम.एल	चावल पानी 100 एम.एल	चावल पानी 100 एम.एल	चावल पानी 100 एम.एल	चावल पानी 100 एम.एल
वेज सूप 200 एम.एल.	वेज सूप 200 एम.एल.	वेज सूप 200 एम.एल.	वेज सूप 200 एम.एल.	वेज सूप 200 एम.एल.	वेज सूप 200 एम.एल.	वेज सूप 200 एम.एल.
02:00 PM						
प्रोटीन शेक 200एम.एल.	प्रोटीन शेक 200एम.एल.	प्रोटीन शेक 200एम.एल.	प्रोटीन शेक 200एम.एल.	प्रोटीन शेक 200एम.एल.	प्रोटीन शेक 200एम.एल.	प्रोटीन शेक 200एम.एल.
Evening- 04:00 PM						
दूध 200 एम.एल.	दूध 200 एम.एल.	दूध 200 एम.एल.	दूध 200 एम.एल.	दूध 200 एम.एल.	दूध 200 एम.एल.	दूध 200 एम.एल.
सोया सूप 200 एम.एल.	सोया सूप 200 एम.एल.	सोया सूप 200 एम.एल.	सोया सूप 200 एम.एल.	सोया सूप 200 एम.एल.	सोया सूप 200 एम.एल.	सोया सूप 200 एम.एल.
Dinner - 06:30 PM						
दाल पानी 200 एम.एल.	दाल पानी 200 एम.एल.	दाल पानी 200 एम.एल.	दाल पानी 200 एम.एल.	दाल पानी 200 एम.एल.	दाल पानी 200 एम.एल.	दाल पानी 200 एम.एल.
चावल पानी 100 एम.एल	चावल पानी 100 एम.एल	चावल पानी 100 एम.एल	चावल पानी 100 एम.एल	चावल पानी 100 एम.एल	चावल पानी 100 एम.एल	चावल पानी 100 एम.एल
वेज सूप 200 एम.एल.	वेज सूप 200 एम.एल.	वेज सूप 200 एम.एल.	वेज सूप 200 एम.एल.	वेज सूप 200 एम.एल.	वेज सूप 200 एम.एल.	वेज सूप 200 एम.एल.

उच्च रक्तचाप वाले रोगियों के लिये आहार तालिका (Diet for High Blood Pressure)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast 08:00 AM						
पोहा 50 +मटर सब्जी 30 ग्राम	उपमा 30 ग्राम	दलिया 30 ग्राम	इडली 2 नग साभर 25 ग्राम	पोहा 50 +मटर सब्जी 30 ग्राम	ओट्स 30 ग्राम	इडली 2 नग साभर 25 ग्राम
दूध 200 एम.एल	दूध 200 एम.एल	दूध 200 एम.एल	दूध 200 एम.एल	दूध 200 एम.एल	दूध 200 एम.एल	दूध 200 एम.एल
Lunch – 12:00 PM						
चावल 75 ग्राम	चावल 75 ग्राम	चावल 75 ग्राम	चावल 75 ग्राम	चावल 75 ग्राम	चावल 75 ग्राम	चावल 75 ग्राम
राहर दाल 30 ग्राम	मूंग दाल 30 ग्राम	मसूर दाल – 30 ग्राम	राहर दाल 30 ग्राम	मिक्स दाल 30 ग्राम	मसूर दाल – 30 ग्राम	मूंग दाल 30 ग्राम
3 रोटी 75 ग्राम	3 रोटी 75 ग्राम	3 रोटी 75 ग्राम	3 रोटी 75 ग्राम	3 रोटी 75 ग्राम	3 रोटी 75 ग्राम	3 रोटी 75 ग्राम
हरी सब्जी 75 ग्राम	हरी सब्जी 75 ग्राम	हरी सब्जी 75 ग्राम	हरी सब्जी 75 ग्राम	हरी सब्जी 75 ग्राम	हरी सब्जी 75 ग्राम	हरी सब्जी 75 ग्राम
हरी सब्जी 75 ग्राम	हरी सब्जी 75 ग्राम	हरी सब्जी 75 ग्राम	हरी सब्जी 75 ग्राम	हरी सब्जी 75 ग्राम	हरी सब्जी 75 ग्राम	हरी सब्जी 75 ग्राम
Evening Tea & Snacks – 04:00 PM						
चाय 1 कप (50ml)	चाय 1 कप (50ml)	चाय 1 कप (50ml)	चाय 1 कप (50ml)	चाय 1 कप (50ml)	चाय 1 कप (50ml)	चाय 1 कप (50ml)
फूटे चने 30 ग्राम	भुनी मूंगफली 30 ग्राम	मुर्दा 50 ग्राम	पारले जी बिस्किट	टोस्ट 2 नग	अकुरित अनाज 50 ग्राम	मैरी बिस्किट
फल 100 ग्राम	फल 100 ग्राम	फल 100 ग्राम	फल 100 ग्राम	फल 100 ग्राम	फल 100 ग्राम	फल 100 ग्राम
बेसन लड्डू/पेड़ा 1 नग	बेसन लड्डू/पेड़ा 1 नग	बेसन लड्डू/पेड़ा 1 नग	बेसन लड्डू/पेड़ा 1 नग	बेसन लड्डू/पेड़ा 1 नग	बेसन लड्डू/पेड़ा 1 नग	बेसन लड्डू/पेड़ा 1 नग
Dinner – 06:30 PM						
चावल 75 ग्राम	चावल 75 ग्राम	चावल 75 ग्राम	चावल 75 ग्राम	चावल 75 ग्राम	चावल 75 ग्राम	चावल 75 ग्राम
मूंगदाल 30 ग्राम	मूंगदाल 30 ग्राम	मूंगदाल 30 ग्राम	मूंगदाल 30 ग्राम	मूंगदाल 30 ग्राम	मूंगदाल 30 ग्राम	मूंगदाल 30 ग्राम
3 रोटी 75 ग्राम	3 रोटी 75 ग्राम	3 रोटी 75 ग्राम	3 रोटी 75 ग्राम	3 रोटी 75 ग्राम	3 रोटी 75 ग्राम	3 रोटी 75 ग्राम
हरी सब्जी 150ग्राम	हरी सब्जी 150 ग्राम	हरी सब्जी 150 ग्राम	हरी सब्जी 150 ग्राम	हरी सब्जी 150 ग्राम	हरी सब्जी 150 ग्राम	हरी सब्जी 150 ग्राम
Bed Time Feeding – 09:00 PM						
दूध 200 एम.एल	दूध 200 एम.एल	दूध 200 एम.एल	दूध 200 एम.एल	दूध 200 एम.एल	दूध 200 एम.एल	दूध 200 एम.एल

- नोट :-
- (1) सभी मौसमी हरी सब्जियाँ एवं मौसमी फल प्रभारी अधिकारी किचन एवं डायटीशियन के निर्देशानुसार देना होगा।
 - (2) नाश्ते में आवश्यकतानुसार मीठी नीम, फल्ली, मटर, प्याज, गाजर, शिमला मिर्च, धनियापत्ती, डालना अनिवार्य होगा।
 - (3) सब्जी में टमाटर, प्याज, अदरक, लहसुन, मीठी नीम, हरा धनिया डालना अनिवार्य है।
 - (4) तेल व मिर्च मसाले का उपयोग कम किया जाये।
 - (5) सब्जी, दाल व नाश्ते में नमक की मात्रा कम डाली जाये।

प्रसव प्रसूता को देय भोजन की आहार तालिका

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7.30 AM						
चाय 50 ml	चाय 50 ml	चाय 50 ml	चाय 50 ml	चाय 50 ml	चाय 50 ml	चाय 50 ml
बिस्किट 3 / टोस्ट 3	बिस्किट 3 / टोस्ट 3	बिस्किट 3 / टोस्ट 3	बिस्किट 3 / टोस्ट 3	बिस्किट 3 / टोस्ट 3	बिस्किट 3 / टोस्ट 3	बिस्किट 3 / टोस्ट 3
नारियल लड्डू 40 ग्राम / चिक्की 60 ग्राम	मूंगफली लड्डू 40 ग्राम	राजगिर लड्डू 2	मुररा लड्डू 40 ग्राम	तिल लड्डू 40 ग्राम / मूंगफली चिक्की 60 ग्राम	नारियल लड्डू 40 ग्राम / मूंगफली चिक्की 60 ग्राम	मेवे + गुड़ + सोंठ लड्डू 40 ग्राम
Breakfast 9:00AM						
पोहा 50 ग्राम + मटर 30 ग्राम	उपमा 30 ग्राम	दलिया 30 ग्राम	इडली 2 सांभर 25 ml	पोहा 50 ग्राम + मटर 30 ग्राम	ओट्स 30 ग्राम	इडली 2 सांभर 25 ml
दूध 200 ml	दूध 200 ml	दूध 200 ml	दूध 200 ml	दूध 200 ml	दूध 200 ml	दूध 200 ml
फल 100 ग्राम	फल 100 ग्राम	फल 100 ग्राम	फल 100 ग्राम	फल 100 ग्राम	फल 100 ग्राम	फल 100 ग्राम
Lunch 12:00 PM						
रोटी 3 (75 ग्राम)	रोटी 3 (75 ग्राम)	रोटी 3 (75 ग्राम)	रोटी 3 (75 ग्राम)	रोटी 3 (75 ग्राम)	रोटी 3 (75 ग्राम)	रोटी 3 (75 ग्राम)
चावल 75 ग्राम	चावल 75 ग्राम	चावल 75 ग्राम	चावल 75 ग्राम	चावल 75 ग्राम	चावल 75 ग्राम	चावल 75 ग्राम
राहर दाल 30 ग्राम	मूंगदाल 30 ग्राम	मसूर दाल 30 ग्राम	राहर दाल 30 ग्राम	मिक्स दाल 30 ग्राम	मसूर दाल 30 ग्राम	मूंगदाल 30 ग्राम
हरी सब्जी 75 ग्राम	हरी सब्जी 75 ग्राम	हरी सब्जी 75 ग्राम	हरी सब्जी 75 ग्राम	हरी सब्जी 75 ग्राम	हरी सब्जी 75 ग्राम	हरी सब्जी 75 ग्राम
पनीर सब्जी / मशरूम सब्जी 30 ग्राम	पनीर सब्जी / मशरूम सब्जी 30 ग्राम	पनीर सब्जी / मशरूम सब्जी 30 ग्राम	पनीर सब्जी / मशरूम सब्जी 30 ग्राम	पनीर सब्जी / मशरूम सब्जी 30 ग्राम	पनीर सब्जी / मशरूम सब्जी 30 ग्राम	पनीर सब्जी / मशरूम सब्जी 30 ग्राम
उबला अण्डा 1	उबला अण्डा 1	उबला अण्डा 1	उबला अण्डा 1	उबला अण्डा 1	उबला अण्डा 1	उबला अण्डा 1
Evening Tea & Snacks 4:00 PM						
चाय 50 ml	चाय 50 ml	चाय 50 ml	चाय 50 ml	चाय 50 ml	चाय 50 ml	चाय 50 ml

दूध 200 ml	दूध 200 ml	दूध 200 ml	दूध 200 ml	दूध 200 ml	दूध 200 ml	दूध 200 ml
फल 100 ग्राम	फल 100 ग्राम	फल 100 ग्राम	फल 100 ग्राम	फल 100 ग्राम	फल 100 ग्राम	फल 100 ग्राम
फुटे चने 30 ग्राम	भुनी मूंगफली 30 ग्राम	मुर्रा 50 ग्राम	अंकुरित अनाज 50 ग्राम	फुटे चने 30 ग्राम	अंकुरित अनाज 50 ग्राम	भुनी मूंगफली 30 ग्राम
Dinner 6:30 PM						
रोटी 3 (75 ग्राम)	रोटी 3 (75 ग्राम)	रोटी 3 (75 ग्राम)	रोटी 3 (75 ग्राम)	रोटी 3 (75 ग्राम)	रोटी 3 (75 ग्राम)	रोटी 3 (75 ग्राम)
चावल 75 ग्राम	चावल 75 ग्राम	चावल 75 ग्राम	चावल 75 ग्राम	चावल 75 ग्राम	चावल 75 ग्राम	चावल 75 ग्राम
मूंगदाल 30 ग्राम	मूंगदाल 30 ग्राम	मूंगदाल 30 ग्राम	मूंगदाल 30 ग्राम	मूंगदाल 30 ग्राम	मूंगदाल 30 ग्राम	मूंगदाल 30 ग्राम
हरी सब्जी 150 ग्राम	हरी सब्जी 150 ग्राम	हरी सब्जी 150 ग्राम	हरी सब्जी 150 ग्राम	हरी सब्जी 150 ग्राम	हरी सब्जी 150 ग्राम	हरी सब्जी 150 ग्राम
काबुली चना 30 ग्राम	राजमा 30 ग्राम	सोया बड़ी 30 ग्राम	झुरगा 30 ग्राम	मटर 30 ग्राम	सोयाबड़ी 30 ग्राम	देशी चना 30 ग्राम

- नोट :- (1.) सभी मौसमी हरी सब्जियाँ एवं मौसमी फल प्रभारी अधिकारी किचन एवं डायटीशियन के निर्देशानुसार देना होगा।
(2.) नाश्ते में आवश्यकतानुसार मीठी नीम, फल्ली, मटर, प्याज, गाजर, शिमला मिर्च, धनियापत्ती, डालना अनिवार्य होगा।
(3.) सब्जी में टमाटर, प्याज, अदरक, लहसुन, मीठी नीम, हरा धनिया डालना अनिवार्य है।
(4.) तेल व मिर्च मसाले का उपयोग कम किया जायें।

CRIMINAL LIABILITY UNDERTAKING

(To be executed on Rs.100/-Non-judicial Stamp Paper duly attested by Public Notary)

I.....S/o..... Resident of

.....

..... Do solemnly pledge and affirm: -

1. That I am the proprietor / partner/ authorized signatory of

M/s.

2. That my firm has not been declared defaulter by any Govt. Bidder and that NO case of any nature i.e. CBI/FEMA/Criminal/Income Tax/GST/EPF/ESIC/FSSAI/Labour Department or Blacklisting is pending against my firm.

Name & Signature

Seal of the participating Bidder Company



M. Jain
21.10.22



21/10/22



21/10/22



21/10/22



Quality Based System

<u>Sl.No.</u>	<u>Evaluation Criteria</u>	<u>Marks claimed by the Bidder</u>	<u>Marks obtained by the bidder</u>
1	Experience- (a)1 point for each completed year above the required eligibility -maximum of 5 points (b) 1 point for every 50 beds above 400 beds, - Maximum of 5 points		
2	Average annual turnover in last 3 years- 1 point for every 20 lacs above the required turn over- maximum of 5 points		
3	Price of the disposable tray- L1- 3 Points, L2- 2 points, L3- 1 point		
4	Quality service award received from state government/ central government- 1 point for each award- maximum 2 points		
5	Total number of employees (Verified by PF & ESI documents) engaged by the bidder in last 3 financial years a) 31-50 1 Points b) 51-70 2 Points c) 71 or more 3 Points		
6	Additional Live Certification of the bidder a)ISO22000 Or ISO 9001:2008 1point b) ISO22000 & ISO 9001:2008 2points		
	TOTAL SCORE- 25 Points		

Bidder obtaining the highest score will be selected .

SPECIFICATIONS FOR DISPOSABLE FOOD TRAY

1. Disposable tray with lid
2. Should be of food grade plastic material
3. Colour- White/Black
4. Breakfast – 3-4 compartments

Dimension-Length – 20-22 cm

Width- 16-18 cm

Height- 5-6 cm

5. Lunch/Dinner – 6-8 compartments

Dimension-Length – 30-32 cm

Width- 20-22 cm

Height- 5-6 cm

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21/10/22

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21/10/22

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21/10/22

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21/10/22

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PRICE BID FORMAT FOR DISPOSABLE TRAY

Description	Basic rate per unit	GST	Net rate
Disposable food tray with lid 1 unit (1 breakfast tray plus 2 lunch/dinner tray			

*John
21/10/22*

*Paul
21/10/22*

*[Signature]
21/10/22*

*[Signature]
21/10/22*

*Ugair
21.10.22*

[Signature]