

Time Table of First Year MBBS (Admission Batch 2019)

PT. JNM MEDICAL COLLEGE, RAIPUR

Foundation Course Time Table

Foundation course at a glance					
Sr. No	Subject/content	Hours (MCI)	Hours (Actual)	Coordinator	Remarks
1	Orientation	30	33	Faculty Member	Conducted in 1 st week of foundation course only
2	Skills Module	35	35	Faculty Member	First Aid, BLS, Learning skill, communication skill, Bio safety and bio hazards
3	Field visit to community health centre	8	8	Faculty Member	Will be finalized by CM Department
4	Professional Development including ethics	40	40	Faculty Member	Part of AETCOM - Cadaveric ceremony and Research can be added
5	Sports and Extracurricular activities (ECA)	22	14 - Sports	Faculty Member	2 Hrs ECA and 4 Hrs SA per week for 4 weeks (Last two Hrs of Wed, Fri, Sat)
			08 – ECA	Faculty Member	
6	Enhancement of language/ computer skills	40	40	Faculty Member	To be outsourced (CCC/CCC+)
					Language?
Total Hours		175	178		

* These sessions must be as interactive as possible.

* The Foundation Course will have compulsory 75% attendance. This will be certified by the Dean of the college.

* The time committed for the Foundation Course may not be used for any other curricular activity.

* Topics covered (sources): MCI-CISP Document, Premier and renowned institute of India (e.g. AIIMS, JIPMER and Others), few topics were selected based on institutional need.

* **Evaluation (Process & Product):** Program effectiveness questionnaire from faculty and students & reflections from the students

* **Reporting:** The Curriculum Committee will submit the schedule and report shall forward the same to NC/RC within two weeks of the last day of the Foundation Course.

**PT. JNM MEDICAL COLLEGE,
RAIPUR
Foundation Course Time Table - Draft**

1st Week (Orientation week)						
Time	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6
09:00 - 10:00	Campus - A global Village Hostel allocation College & Hospital visit	Welcome speech by Dean and Ice breaking (All 4 HODs)	Being a Medical Student Keen Observation is key to success	Introduction to Medical ethics	Academic Ambience	Immunisation requirements of health care professionals
10:00 - 11:00		Introduction to Library/ IT/ Academic Departments	Professional qualities and roles of a physician	Commitment to lifelong learning as an important part of physician's growth	Introduction to alternate health care systems & H/O Medicine	Introduction to research
11:00 - 12:00		Introduction to 1 st year Departments Anatomy: 11:00 to 11:30 Physiology: 11:30 to 12:00 Biochemistry: 12:00 to 12:30 P & SM: 12:30 to 13:00	Expectations of physician from society and Peers	Physician's role and responsibility to society and community	Mentorship program	Sports
12:00 - 01:00		Gender sensitivity in medical profession	Expectations of society and patients from doctors			
01:00 - 02:00	LUNCH BREAK					
02:00 - 03:00	Auditorium function (White coat ceremony)	Introduction to the MBBS Program	Health care delivery system in India	National Health Programs	Bio-safety/ Needle prick injuries	
03:00 - 04:00		Group dynamics	ECA	Time and Stress management	Sports	
04:00 - 05:00						

2nd Week

Time	Day 7	Day 8	Day 9	Day 10	Day 11	Day 12
09:00 - 10:00	Inter-personal relationship	Proper hand washing technique	Biomedical waste management	Students involvement in Research ICMR STS	Self Directed Learning	Field visit to PHC/ CHC
10:00 - 11:00		Documentation and medical records		Universal precautions		
11:00 - 12:00	Language-MT	Language	Language	Language	Language	Sports
12:00 - 01:00						
01:00 - 02:00	LUNCH BREAK					
02:00 - 03:00	Computer skills	Computer skills	Learning pedagogy	Computer skills	Learning strategies	
03:00 - 04:00			ECA		Sports	
04:00 - 05:00						

3rd Week

Time	Day 13	Day 14	Day 15	Day 16	Day 17	Day 18
09:00 - 10:00	BLS/ First Aid	BLS/ First Aid	Cadaveric Ceremony	Concept of professionalism Consequences of unethical & unprofessional behaviour	Learning from patients and other members of health care team	Field visit to PHC/ CHC
10:00 - 11:00				Team work in medical profession	Communication with patients and families	
11:00 - 12:00						Sports
12:00 - 01:00						
01:00 - 02:00	LUNCH BREAK					
02:00 - 03:00	Computer Skills	Computer skills	Community based learning	Computer skills	Peer assisted learning	
03:00 - 04:00			ECA		Sports	
04:00 - 05:00						

4th Week

Time	Day 19	Day 20	Day 21	Day 22	Day 23	Day 24
09:00 - 10:00	Value of integrity, honesty and respect in medical profession	Animal Ethics	Professional behaviour	How to behave with your superiors	Importance of attendance	Field visit to PHC/ CHC
10:00 - 11:00	Introduction to IEC of our institute	Anti-ragging guidelines and introduction to anti-ragging committee of our institute		Maintaining confidentiality	Rights of a doctor and MCI etiquettes	
11:00 - 12:00	Obtaining patient consent		Privileged communication in medical ethics		Personal Grooming- Self care	
12:00 - 01:00				What it means to be a medical student	Book Exhibition	
01:00 - 02:00	LUNCH BREAK					
02.00 - 03.00	Computer skills	Computer skills	Online learning (e-learning)	Computer skills	Group learning	
03.00 - 04.00			ECA		Sports	
04.00 - 05.00						

5 th Week			
Time	Day 25	Day 26	Day 27
09:00 - 10:00	Assessment driven learning	How to perform better in exams?	Feedback of foundation course And reflective writing
10:00 - 11:00	Simulation based learning	Role modelling	
11:00 - 12:00	Evidence based medicine	Maintaining a diary and portfolio management	
12:00 - 01:00			
01:00 – 02:00	LUNCH BREAK		
02.00 - 03.00	Computer skills	Video reflection	
03.00 - 04.00			
04.00 - 05.00			

