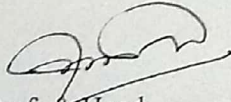


REPORT

World No Tobacco Day 2018 was observed by the Department of Community Medicine, Pt. J.N.M. Medical College, Raipur in collaboration with the Office of CMHO, Raipur, on 31st May, 2018 at Aashirwaad Bhawan, Byron Bazaar, Raipur with the theme- "Tobacco Breaks Hearts-Choose Health, Not Tobacco."

- The event started by lifting tag lines. CMHO Staffs, Medical College faculties & PGs, all nursing students, ANMs participated in this event by raising slogans on harmful effects of tobacco by holding placards.
- Inauguration of the program was done in presence of:
 1. Dr. K.S. Shandilya, CMHO, Raipur
 2. Dr. R.K. Chandravanshi, DIO, Raipur
 3. Dr. Yusuf Menon, Oncologist, Sanjeevani Hospital, Raipur
 4. Dr. Manish A. Prasad, Assistant Professor, Department of Community Medicine, Raipur
 5. Dr. Anand Verma, State Consultant, NTCP
 6. Khyati Jain, Legal Consultant, NTCP
- Dr. K.S. Shandilya enlightened the gathering and focussed on importance of World No Tobacco Day celebration. He also explained about concept of second hand smoking & harmful effects of tobacco use.
- Dr. R.K. Chandravanshi addressed the audience about the various ways to quit tobacco & told that only counselling & willpower helps addicts to quit tobacco use.
- Dr. Manish A. Prasad enumerated the diseases caused by prolonged tobacco use and the reason of causing these diseases.
- Miss Khyati Jain explained about the Cigarettes and other tobacco product act (COTPA) 2003 & various sections under COTPA.
- A presentation was given by Dr. Yusuf Memon. He explained about the chemicals released from smoking cigarette and its effect on various organ system.
- The program was further proceeded by Nukkad-Natak spreading awareness on dangerous effects of tobacco use.
- PG Scholars of The Department of Community Medicine, Pt. J.N.M. Medical College, Raipur demonstrated:
 - The harmful effects of cigarette smoking on the body with the help of a water bottle and a cigarette.
 - Displayed two educational videos and the message conveyed was to stay away from tobacco & tobacco products and the need for counselling & deaddiction to quit tobacco use.
- With this, the program fulfilled its objective of creating awareness among the audience effectively and the session ended.


Prof. & Head

Dept. of Community Medicine
Pt. J.N.M. Medical College, Raipur.

